

Case report: A fractured ankle

Patient: *Patient is a 65-year-old woman with a diagnosed fractura trimalleolaris l.dx. The complex fracture involves a lot of fixation material as well. The ankle is swollen and stiff, and the patient has had pain. The patient has been receiving manual lymphatic drainage therapy to the condition.*

Methods: The treatments involving the use of the LymphaTouch device were started according to the principles of manual lymphatic drainage, and the treatment had then been continued from the knee downwards using the LymphaTouch. Both continuous and pulsating treatment modes were used. Compression bandaging and stockings were also applied.

Results: The swelling in the ankle was removed after the third treatment session with the LymphaTouch.